

# Karyukai Karate – Informed Consent and Participation Commitment

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## **PART A: Risks and Participation Commitment**

This consent form governs the Participant's participation in Karyukai Karate and related activities, including those of other endorsed organisations for the purposes of exchange, training, competition and seminars.

Karyukai Karate (ABN 77 152 194 348) and other endorsed organisations' training, competition, seminars and activities involve physical contact with other participants. Due to the very physical nature of Karate-do, the physical and mental demands can be very high. Techniques are often delivered at high speed and participants are required to train with and compete against others of mixed ranges of age, weight, height, and skill levels.

Various musculoskeletal injuries may result simply due to the high velocity movement. Unintentional physical contact may result during technique delivery, evasion, or application of techniques designed to unbalance or counter other techniques. Physical contact whilst blocking or grappling is inherent to Karate-do participation and related activities.

As a member of Karyukai Karate you, the Participant, agree to follow the directions of the Sensei / Teacher. You agree to apply yourself to the best of your endeavours, to pursue constant development of character, to be truthful, foster and display a spirit of effort, to apply proper etiquette, and to display courage without impertinence.

You, the Participant, are aware of the inherent risk and the participation commitment expected in Karate training. By signing this *Informed Consent and Participation Agreement*, and by taking part in Karate training with Karyukai Karate or related activities, you (or, if relevant, your responsible parent or guardian) knowingly accept the aforementioned risks and commitments above for yourself (or your child). Subject to your (or your child's) right to claim pursuant to Karyukai Karate's relevant insurance policy, you (or your child) hereby absolve Karyukai Karate and its instructors, servants or agents from liability in respect of any injury, physical or otherwise, that may result due to your participation in Karate training and related activities.

## **PART B.1: Declaration (Nominated Junior Age Participant)**

I declare that, as a responsible parent or legal guardian of the Nominated Junior Age Participant below, I have read and fully understand the above outlined risks of Karate-do and the endeavours expected of participants (as per PART A), and give my informed consent for the Nominated Junior Age Participant below to participate in Karyukai Karate Training and related activities:

**Nominated Junior Age Participant:**

\_\_\_\_\_

*Print name*

**Legal Parent / Guardian:**

\_\_\_\_\_

*Print name*

\_\_\_\_\_

*Signature*

\_\_\_\_\_

*Date*

## **PART B.2: Declaration (Adult)**

As a physically fit and mentally competent adult, I declare that I have read and fully understand the above outlined inherent risks of Karate-do and the endeavours expected of participants (as per PART A) and give my informed consent for participation in Karyukai Karate Training and related activities.

**Participant:**

\_\_\_\_\_

*Print name*

\_\_\_\_\_

*Signature*

\_\_\_\_\_

*Date*