

Karyukai Karate Information

Training Hours (NB : JUNIOR-between 6-12yo, SENIOR 13+)

Weekday trainings - Please check the website for the most up to date information.

Sat afternoon (South Yarra dojo)

JUNIOR : 2:30-3:30 (All ranks) 3:30-4:30 (Eager students to train further)

SENIOR : 2:30-4:00 (All ranks) 4:00-4:30 (Blackbelts)

Sunday outdoor (Fawkner Park, corner of Toorak and Punt Rd end) NB-subject to the weather conditions

All MEMBERS : 8:00-9:30am (no uniform needed. Byo water and Kumite gears)

Schedule of Fees (Please fill in the direct debit payment form)

SKIA MEMBERSHIP \$90 (18+)/\$85 (17-)

Monthly Training Fee \$120/month (Adults) \$90 (Students) \$85 (Junior 12-)

Please note that one month notification is required to waive fees for holidays, long absences and termination.

Compulsory Items

Dogi (uniform), Mouth Guard and Gloves. (Starter package \$130)

Merchandise

Club bag (Under Armour Brand) \$80, Club Jacket \$110, Groin Guard \$20, Shin-Instep \$45, Bandana \$20
Gloves \$40 Mouth Guard \$10 Beginners Uniform \$80 TOKAIDO Uniform \$115 (Kumite master) \$165 (Kata master /Kumite master pro)

Etiquette

It is a part of Karate practice to demonstrate proper etiquette. Please arrive on time for the classes. If you are late, kneel down in seiza position, bow and then say "Oss, Onegaishimass." Then wait for the sensei to grant permission to join the class. Regular attendance is vital to ensure steady progress. When you have to miss a class, please inform sensei via SMS or email.

Natsuko 0404900489, Timothy 0417369641, Swann 0424402639, Chiyuki 0412620612, Arlo 0414664108

Conditions

- To ensure everyone's safety and as a manner of respect, please cut your nails short and remove all accessories. If you are unable to remove them, please cover them with band aids at every session. Please tie your hair with elastic bands and avoid metallic materials on the hair. This includes wedding rings.
- Inform your Sensei if there is any change of your health condition.
- Bring your protective gear and karate passport to every training session.
- Payment for the training is to be paid BEFORE the class. Monthly fee is paid in the previous month. If you fall under exceptional circumstance, please discuss financial matters before attending classes. IF you fall behind in payments without consultation, your club membership becomes invalid immediately.
- One month written notice is necessary prior to any cancellation of membership.

Grading

Karyukai Grading is based on nomination by Sensei. Regular attendance is a must to be taking any grading. Nominations are not only based on technical and physical development but also individual progress of character maturity. Further information of grading is available via Member's page from our website. The password is "isit".

Facebook Our face book page is called Karyu Kai. The page is only available for club members and their family. Photos and videos of the club activities are shared there. Please send a request to be a FB friend.